



## Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Becky Mundy			Activity: Volleyball			Level: MS			
<b>1 911 TEAM</b>			<b>2 CPR/AED TEAM</b>			<b>3 AED TEAM</b>			
<b>CALL 911</b>			<b>START CPR</b>			<b>GET THE AED</b>			
<b>CALL 911. Explain emergency. Provide location.</b>			<ol style="list-style-type: none"> <li>1. Position person on back</li> <li>2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression.</li> <li>3. Take turns with other responders as needed</li> </ol>			<u>PRACTICE</u>		<u>EVENTS</u>	
	<b>PRACTICE</b>	<b>EVENTS</b>							
<b>Closest Phone</b>	Coaches Phone	Coaches Phone	<b>Coach</b>	Mundy	Mundy	<b>Closest AED</b>	HMS Entrance Hallway	HMS Entrance Hallway	
<b>EMS Access Point</b>	HMS Entrance	HMS Entrance	<b>Student 1</b>	Cully Smith	Cully Smith	<b>Student 1</b>	Cully Smith	Cully Smith	
<b>Street Intersection</b>	925 3 <sup>rd</sup> St	925 3rd St	<b>Student 2</b>	Cali Williamson	Cali Williamson	<b>Student 2</b>	Cali Williamson	Cali Williamson	
<b>Student 1</b>	Cully Smith	Cully Smith	<b>Student 3</b>	Gwen Stiltner	Gwen Stiltner	<b>GET THE ATHLETIC TRAINER</b>			
			<b>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS</b>			Typical Location	Gym	Gym	
<b>Student 2</b>	Cali Williamson	Cali Williamson	<ol style="list-style-type: none"> <li>1. Remove clothing from chest.</li> <li>2. Attach electrode pads as directed by voice prompts.</li> <li>3. Stand clear while AED analyzes heart rhythm.</li> <li>4. Keep area clear if AED advises a shock.</li> <li>5. Follow device prompts for further action.</li> <li>6. After EMS takes over, give AED to Athletic Administrator for data download.</li> </ol>			Student 1	Cully Smith	Cully Smith	
						Student 2	Cali Williamson	Cali Williamson	
						<b>CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.</b>			
<b>MEET AMBULANCE at EMS Access Point. Take to victim.</b>			<b>4 HEAT STROKE TEAM</b>						
	<b>Practice</b>	<b>Events</b>							
<b>Entry Door/Gate</b>	HMS Entrance	HMS Entrance		<b>PRACTICE</b>	<b>EVENTS</b>	<b>PREPARE TUB DAILY</b>			
<b>Student 1</b>	Cully Smith	Cully Smith	<b>Tub Location</b>	Locker Room	Locker Room	<b>Student 1</b>	<b>PRACTICE</b>	<b>EVENTS</b>	
<b>Student 2</b>	Cali Williamson	Cali Williamson					Cully Smith	Cully Smith	
<b>CALL CONTACTS. Provide location and victim's name.</b>			<b>Water Source Location</b>	Concessions	Concessions	<b>Student 2</b>	Cali Williamson	Cali Williamson	
	<b>NAME</b>	<b>CELL</b>	<b>Ice Source Location</b>	Concessions	Concessions	<ol style="list-style-type: none"> <li>1. Remove equipment/excess clothing. Move to shade.</li> <li>2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body</li> <li>3. Monitor vital signs.</li> <li>4. Cool First, Transport Second.</li> <li>5. Cool until rectal temperature reaches 102 F if ATC or MD is available.</li> </ol>			
<b>Athletic Trainer</b>	Tom Belmaggieo								
<b>Athletic AD</b>	James Cooper		<b>Ice Towel Location</b>	Concessions	Concessions				
<b>Student 1</b>	Cully Smith	NA	<b>Student 1</b>	Cully Smith	Cully Smith				

Student 2	Cali Williamson	NA	Student 2	Cali Williamson	Cali Williamson	6. If no medical staff, cool until EMS arrives.
-----------	--------------------	----	-----------	-----------------	-----------------	---