

## Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Cindy Oxley			Activity: Tennis			Level: Middle School			
<b>1 911 TEAM</b>			<b>2 CPR/AED TEAM</b>			<b>3 AED TEAM</b>			
<b>CALL 911</b>			<b>START CPR</b>			<b>GET THE AED</b>			
<b>CALL 911. Explain emergency. Provide location.</b>			<ol style="list-style-type: none"> <li>1. Position person on back</li> <li>2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression.</li> <li>3. Take turns with other responders as needed</li> </ol>			<u>PRACTICE</u>		<u>EVENTS</u>	
	<b>PRACTICE</b>	<b>EVENTS</b>							
<b>Closest Phone</b>	Coaches	Coaches	<b>Coach</b>	Cindy Oxley	Cindy Oxley	<b>Closest AED</b>	Main School Entrance	Main School Entrance	
<b>EMS Access Point</b>	HHS Tennis Courts	Main School Entrance	<b>Student 1</b>	Pippa Oxley	Pippa Oxley	<b>Student 1</b>	Pippa Oxley	Pippa Oxley	
<b>Street Intersection</b>	Huntington High School	Huntington High School	<b>Student 2</b>	Macy Archer	Macy Archer	<b>Student 2</b>	Macy Archer	Macy Archer	
<b>Student 1</b>	Pippa Oxley	Pippa Oxley	<b>Student 3</b>	Macee Buell	Macee Buell	<b>GET THE ATHLETIC TRAINER</b>			
			<b>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS</b>			Typical Location	Near Courts	Near Courts	
<b>Student 2</b>	Macy Archer	Macy Archer	<ol style="list-style-type: none"> <li>1. Remove clothing from chest.</li> <li>2. Attach electrode pads as directed by voice prompts.</li> <li>3. Stand clear while AED analyzes heart rhythm.</li> <li>4. Keep area clear if AED advises a shock.</li> <li>5. Follow device prompts for further action.</li> <li>6. After EMS takes over, give AED to Athletic Administrator for data download.</li> </ol>			Student 1	Pippa Oxley	Pippa Oxley	
						Student 2	Macy Archer	Macy Archer	
						<b>CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.</b>			
<b>MEET AMBULANCE at EMS Access Point. Take to victim.</b>			<b>4 HEAT STROKE TEAM</b>						
	<b>Practice</b>	<b>Events</b>							
<b>Entry Door/Gate</b>	HHS Tennis Courts	Main School Entrance		<b>PRACTICE</b>	<b>EVENTS</b>	<b>PREPARE TUB DAILY</b>			
<b>Student 1</b>	Pippa Oxley	Pippa Oxley	<b>Tub Location</b>	Locker Room	Locker Room		<b>PRACTICE</b>	<b>EVENTS</b>	
<b>Student 2</b>	Macy Archer	Macy Archer				<b>Student 1</b>	Pippa Oxley	Pippa Oxley	
<b>CALL CONTACTS. Provide location and victim's name.</b>			<b>Water Source Location</b>	Main School Hallway	Main School Hallway	<b>Student 2</b>	Macy Archer	Macy Archer	
	<b>NAME</b>	<b>CELL</b>	<b>Ice Source Location</b>	Main School Cafeteria	Main School Cafeteria	<ol style="list-style-type: none"> <li>1. Remove equipment/excess clothing. Move to shade.</li> <li>2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body</li> <li>3. Monitor vital signs.</li> <li>4. Cool First, Transport Second.</li> <li>5. Cool until rectal temperature reaches 102 F if ATC or MD is available.</li> <li>6. If no medical staff, cool until EMS arrives.</li> </ol>			
<b>Athletic Trainer</b>	Tom Belmaggio	XXXXXX							
<b>Athletic AD</b>	James Cooper	XXXXXX	<b>Ice Towel Location</b>	Main School Cafeteria	Main School Cafeteria				
<b>Student 1</b>	Pippa Oxley	Pippa Oxley	<b>Student 1</b>	Pippa Oxley	Pippa Oxley				
<b>Student 2</b>	Macy Archer	Macy Archer	<b>Student 2</b>	Macy Archer	Macy Archer				

