



## Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Marcy White

Activity: Cheer

Level: MS

1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM		
CALL 911			START CPR			GET THE AED		
CALL 911. Explain emergency. Provide location.			<ol style="list-style-type: none"> <li>Position person on back</li> <li>Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression.</li> <li>Take turns with other responders as needed</li> </ol>				<u>PRACTICE</u>	<u>EVENTS</u>
	PRACTICE	EVENTS						
Closest Phone	Coaches Phone	Coaches Phone	Coach	White	White	Closest AED	HMS Entrance Hallway	HMS Entrance Hallway
EMS Access Point	HMS Entrance	HMS Entrance	Student 1	Ameliyah Watts	Ameliyah Watts	Student 1	Ameliyah Watts	Ameliyah Watts
Street Intersection	925 3 <sup>rd</sup> St	925 3rd St	Student 2	Aniyah Johnson	Aniyah Johnson	Student 2	Aniyah Johnson	Aniyah Johnson
Student 1	Ameliyah Watts	Ameliyah Watts	Student 3	Telly Markun	Telly Markun	GET THE ATHLETIC TRAINER		
			WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	In Gym	GYM
Student 2	Aniyah Johnson	Aniyah Johnson	<ol style="list-style-type: none"> <li>Remove clothing from chest.</li> <li>Attach electrode pads as directed by voice prompts.</li> <li>Stand clear while AED analyzes heart rhythm.</li> <li>Keep area clear if AED advises a shock.</li> <li>Follow device prompts for further action.</li> <li>After EMS takes over, give AED to Athletic Administrator for data download.</li> </ol>			Student 1	Ameliyah Watts	Ameliyah Watts
						Student 2	Aniyah Johnson	Aniyah Johnson
						CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.		
MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events						
Entry Door/Gate	HMS Entrance	HMS Entrance		PRACTICE	EVENTS	PREPARE TUB DAILY		
Student 1	Ameliyah Watts	Ameliyah Watts	Tub Location	Locker Room	Locker Room		PRACTICE	EVENTS
Student 2	Aniyah Johnson	Aniyah Johnson				Student 1	Ameliyah Watts	Ameliyah Watts
CALL CONTACTS. Provide location and victim's name.			Water Source Location	Concessions	Concessions	Student 2	Aniyah Johnson	Aniyah Johnson
	NAME	CELL	Ice Source Location	Concessions	Concessions	<ol style="list-style-type: none"> <li>Remove equipment/excess clothing. Move to shade.</li> <li>Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body</li> <li>Monitor vital signs.</li> <li>Cool First, Transport Second.</li> </ol>		
Athletic Trainer	Tom Belmaggieo							
Athletic AD	James Cooper		Ice Towel Location	Concessions	Concessions			

<b>Student 1</b>	Ameliyah Watts	NA	<b>Student 1</b>	Ameliyah Wattss	Ameliyah Watts	<b>5. Cool until rectal temperature reaches 102 F if ATC or MD is available.</b> <b>6. If no medical staff, cool until EMS arrives.</b>
<b>Student 2</b>	Aniyah Johnson	NA	<b>Student 2</b>	Aniyah Johnson	Aniyah Johnson	