

Emergency Action Plan Worksheet – Student Response Team								
Coach/Advisor Name: Edward Adkins			Activity: Boys Track			Level: MS		
1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM		
CALL 911			START CPR			GET THE AED		
CALL 911. Explain emergency. Provide location.			1. Position person on back 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression. 3. Take turns with other responders as needed				PRACTICE	EVENTS
	PRACTICE	EVENTS						
Closest Phone	Coaches Phone	Coaches Phone	Coach	Eddie Adkins	Eddie Adkins	Closest AED	With coaches	With coaches
EMS Access Point	Football Field HHS	Track	Student 1	Julian Honaker	Julian Honaker	Student 1	Julian Honaker	Julian Honaker
Street Intersection	1 Highlander Way		Student 2	Camden Moore	Camden Moore	Student 2	Camden Moore	Camden Moore
Student 1	Julian Honaker	Julian Honaker	Student 3	Sullivan Bond	Sullivan Bond	GET THE ATHLETIC TRAINER		
			WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	HHS	HHS
Student 2	Camden Moore	Camden Moore	1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download.			Student 1	Julian Honaker	Julian Honaker
						Student 2	Camden Moore	Camden Moore
						CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.		
MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events		PRACTICE	EVENTS	PREPARE TUB DAILY		
Entry Door/Gate	Football Field	Football Field						
Student 1	Julian Honaker	Julian Honaker	Tub Location	Locker Rooms	Same		PRACTICE	EVENTS
Student 2	Camden Moore	Camden Moore				Student 1	HHS	HHS
CALL CONTACTS. Provide location and victim's name.			Water Source Location	Locker Rooms	Same	Student 2	HHS	HHS
	NAME	CELL	Ice Source Location	Locker Rooms	Same	1. Remove equipment/excess clothing. Move to shade. 2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body 3. Monitor vital signs. 4. Cool First, Transport Second. 5. Cool until rectal temperature reaches 102 F if ATC or MD is available.		
Athletic Trainer	Tom Belmaggio							
Athletic AD	James Cooper		Ice Towel Location	Locker Room	Same			
Student 1	Julian Honaker	NA	Student 1	Julian Honaker	Julian Honaker			

Student 2	Camden Moore	NA	Student 2	Camden Moore	Camden Moore	6. If no medical staff, cool until EMS arrives.
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