

Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Eddie Adkins

Activity: Boys XC

Level: MS

1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM		
CALL 911			START CPR			GET THE AED		
CALL 911. Explain emergency. Provide location.			1. Position person on back 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression. 3. Take turns with other responders as needed			PRACTICE		EVENTS
	PRACTICE	EVENTS						
Closest Phone	Coaches Phone	Coaches Phone	Coach	Eddie Adkins	Eddie Adkins	Closest AED	HMS Entrance Hallway	HMS Entrance Hallway
EMS Access Point	Ritter Park Picnic Shelter	HMS Entrance	Student 1	Roman Esteves	Roman Esteves	Student 1	Roman Esteves	Roman Esteves
Street Intersection	925 3 rd St	925 3rd St	Student 2	Nate Maxey	Nate Maxey	Student 2	Nate Maxey	Nate Maxey
Student 1	Roman Esteves	Roman Esteves	Student 3	Henry McCauley	Henry McCauley	GET THE ATHLETIC TRAINER		
			WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	Gym	Gym
Student 2	Nate Maxey	Nate Maxey	1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download.			Student 1	Roman Esteves	Roman Esteves
						Student 2	Nate Maxey	Nate Maxey
						CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.		
MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events						
Entry Door/Gate	HMS Entrance	HMS Entrance		PRACTICE	EVENTS	PREPARE TUB DAILY		
Student 1	Roman Esteves	Roman Esteves	Tub Location	Locker Room	Locker Room	Student 1	PRACTICE	EVENTS
Student 2	Nate Maxey	Nate Maxey	Water Source Location	Concessions	Concessions	Student 2	Nate Maxey	Nate Maxey
CALL CONTACTS. Provide location and victim's name.			Ice Source Location	Concessions	Concessions	1. Remove equipment/excess clothing. Move to shade. 2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body 3. Monitor vital signs. 4. Cool First, Transport Second. 5. Cool until rectal temperature reaches 102 F if ATC or MD is available. 6. If no medical staff, cool until EMS arrives.		
	NAME	CELL	Ice Towel Location	Concessions	Concessions			
Athletic Trainer	Tom Belmaggio	XXXXXXXXXX						
Athletic AD	James Cooper	XXXXXXXXXX						
Student 1	Roman Esteves	NA	Student 1	Roman Esteves	Roman Esteves			
Student 2	Nate Maxey	NA	Student 2	Nate Maxey	Nate Maxey			

