

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL MAIN LINE SEPTEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8 Chicken Tenders Baked Fries ketchup, indiv 7 grams Green Beans w Garlic Peaches Hot Roll WG MILK - Variety	Sep - 9 Pepperoni/Cheese WG Roll Nacho Scoops WG Salsa/H Broccoli, Parmesan Baked Beans Applesauce Cup Sherbet, Luigi's , Orange MILK - Variety	Sep - 10 Baked Steak with Gravy Mashed Potatoes Peas Orange Wedges Hot Roll WG MILK - Variety	Sep - 11 BARBECUED CHICKEN Cheesy Potatoes Carrots Honey Coins Grapes, Fresh Texas Toast Teddy Grahams, Cinn MILK - Variety
Sep - 14 Chicken Teriyaki Mashed Potatoes California Blend Strawberries Hot Roll WG Pudding, Chocolate MILK - Variety	Sep - 15 Beefy Nachos WG Rice, Spanish WG Red & Orange Peppers Refried Beans Corn Mandarin Oranges, cup MILK - Variety	Sep - 16 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Grapes, Fresh Hot Roll WG Rice Krispy Treat MILK - Variety	Sep - 17 Spaghetti WG w Meat Sauc Caesar Salad w Ranch Dress Peas Pineapple Tidbits Hot Roll WG WHITE CAKE W ICING MILK - Variety	Sep - 18 Hot Dog WG bun with chili Creamy Cole Slaw Potato Rounds ketchup, indiv 7 grams Orange Wedges MILK - Variety
Sep - 21 Beef a Roni WG Potatoes, Red Roasted Peas & Carrots FRESH APPLE WEDGES Texas Toast MILK - Variety	Sep - 22 Chicken Tenders Baked Fries ketchup, indiv 7 grams Green Beans w Garlic Peaches Hot Roll WG MILK - Variety	Sep - 23 Pepperoni/Cheese WG Roll Nacho Scoops WG Salsa/H Broccoli, Parmesan Baked Beans BANANA, SMALL Sherbet, Luigi's , Orange MILK - Variety	Sep - 24 Baked Steak with Gravy Mashed Potatoes Peas Orange Wedges Hot Roll WG MILK - Variety	Sep - 25 BARBECUED CHICKEN Cheesy Potatoes Carrots Honey Coins Grapes, Fresh Texas Toast Teddy Grahams, Cinn MILK - Variety
Sep - 28 Chicken Teriyaki Mashed Potatoes California Blend Strawberries Hot Roll WG Pudding, Chocolate MILK - Variety	Sep - 29 Beefy Nachos WG Rice, Spanish WG Red & Orange Peppers Refried Beans Corn Mandarin Oranges, cup MILK - Variety	Sep - 30 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Grapes, Fresh Hot Roll WG Rice Krispy Treat MILK - Variety		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.