

**CABELL COUNTY SCHOOLS
HIGH SCHOOL GRAB N GO BREAKFAST
BREAKFAST SEPTEMBER 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8 Cereal to Go WG Sausage on Biscuit Egg/Bacon WG Croissant Fruit Juice, Assorted APPLE, MED. MILK - Variety	Sep - 9 Muffin WG Chocolate Chip Chicken & Slider Bun WG Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety	Sep - 10 Cereal to Go WG MVP WG Low Fat Donut Egg/Cheese WG Bagel Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Sep - 11 Cereal to Go WG Sausage Pancake WG Stick Chicken & Biscuit Fruit Juice, Assorted APPLE, MED. MILK - Variety
Sep - 14 Breakfast Tart Sausage & Slider WG Bun Chicken & Biscuit Fruit Juice, Assorted APPLE, MED. MILK - Variety	Sep - 15 Cereal to Go WG Egg/Bacon WG Croissant Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Sep - 16 Muffin, WG Blueberry Sausage on Biscuit Chicken & Slider Bun WG Fruit Juice, Assorted FRESH PEAR MILK - Variety	Sep - 17 CEREAL BAR WG CINNAMO Egg/Cheese WG Bagel Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety	Sep - 18 Cereal to Go WG Chicken & Slider Bun WG Egg/Ch/C.Bacon English Mu Fruit Juice, Assorted BANANA, SMALL MILK - Variety
Sep - 21 Bagel, Mini Strawberry Crea Egg & Cheese Pretzel Bun Chicken & Biscuit Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Sep - 22 Cereal to Go WG Sausage on Biscuit Egg/Bacon WG Croissant Fruit Juice, Assorted APPLE, MED. MILK - Variety	Sep - 23 Muffin WG Chocolate Chip Chicken & Slider Bun WG Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety	Sep - 24 Cereal to Go WG MVP WG Low Fat Donut Egg/Cheese WG Bagel Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Sep - 25 Cereal to Go WG Sausage Pancake WG Stick Chicken & Biscuit Fruit Juice, Assorted APPLE, MED. MILK - Variety
Sep - 28 Breakfast Tart Sausage & Slider WG Bun Chicken & Biscuit Fruit Juice, Assorted APPLE, MED. MILK - Variety	Sep - 29 Cereal to Go WG Egg/Bacon WG Croissant Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Sep - 30 Muffin, WG Blueberry Sausage on Biscuit Chicken & Slider Bun WG Fruit Juice, Assorted FRESH PEAR MILK - Variety		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.