

# CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 8  Bacon Cheeseburger WG B PRETZELS, FISH SHAPED Carrot Sticks Ranch Dip, FF Red & Orange Peppers Mandarin Oranges, cup BANANA, SMALL MILK - Variety	Sep - 9  MEATBALL SUB Nacho Scoops WG Salsa/H BROCCOLI,raw Tomatoes, Cherry Ranch Dip, FF APPLES,Fresh Orange, Fresh MILK - Variety	Sep - 10  Pizza WG Pepperoni/Cheese Flat CRACKERS, CHEDDAR FISH Potato Rounds ketchup, indiv 7 grams Cucumber Slices Grapes, Fresh Strawberries MILK - Variety	Sep - 11  Chicken Patty WG Bun Sun Chips WG Baked Beans Tomatoes, Cherry Ranch Dip, FF PEACHES Fresh APPLE, MED. MILK - Variety
Sep - 14  Ham & Cheese WG Croissant Munch WG Snack Mix Cucumber Slices Carrot Sticks Ranch Dip, FF BANANA, SMALL APPLE, MED. MILK - Variety	Sep - 15  Chicken/Cheese Quesadilla Nacho Scoops WG Salsa/H Refried Beans Red & Orange Peppers KIWI Pears, Cup MILK - Variety	Sep - 16  Cheeseburger/Pretzel Bun Chex Mix WG Celery Sticks Wow Butter Carrot Sticks Rice Krispy Treat APPLE, MED. BANANA, SMALL MILK - Variety	Sep - 17  Chicken Nuggets Nacho Scoops WG Salsa/H Tomatoes, Cherry BROCCOLI,raw Ranch Dip, FF Orange, Fresh Pineapple Tidbits MILK - Variety	Sep - 18  BBQ Pork WG Bun Cheese Stick Potato Rounds Celery Sticks Carrot Sticks Ranch Dip, FF Strawberry Cup FRESH APPLE WEDGES MILK - Variety
Sep - 21  Turkey & Cheese WG hoagie PRETZELS, FISH SHAPED Carrot Sticks Cucumber Slices Ranch Dip, FF FRESH APPLE WEDGES Pineapple Tidbits Scooby Graham WG MILK - Variety	Sep - 22  Bacon Cheeseburger WG B PRETZELS, FISH SHAPED Carrot Sticks Ranch Dip, FF Red & Orange Peppers Mandarin Oranges, cup BANANA, SMALL MILK - Variety	Sep - 23  MEATBALL SUB Nacho Scoops WG Salsa/H BROCCOLI,raw Tomatoes, Cherry Ranch Dip, FF APPLES,Fresh Orange, Fresh MILK - Variety	Sep - 24  Pizza WG Pepperoni/Cheese Flat CRACKERS, CHEDDAR FISH Potato Rounds ketchup, indiv 7 grams Cucumber Slices Grapes, Fresh Strawberries MILK - Variety	Sep - 25  Chicken Patty WG Bun Sun Chips WG Baked Beans Tomatoes, Cherry Ranch Dip, FF PEACHES Fresh APPLE, MED. MILK - Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 28  Ham & Cheese WG Croissa Munch WG Snack Mix Cucumber Slices Carrot Sticks Ranch Dip, FF BANANA, SMALL APPLE, MED. MILK - Variety	Sep - 29  Chicken/Cheese Quesadilla Nacho Scoops WG Salsa/H Refried Beans Red & Orange Peppers KIWI Pears, Cup MILK - Variety	Sep - 30  Cheeseburger/Pretzel Bun Chex Mix WG Celery Sticks Wow Butter Carrot Sticks Rice Krispy Treat APPLE, MED. BANANA, SMALL MILK - Variety		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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