

CABELL COUNTY SCHOOLS
HIGH SCHOOL PIZZA LINE NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																									
			Nov - 1 French WG Bread Cheesy/P Corn Refried Beans Orange Slices Pineapple Tidbits Jello MILK - Variety	Nov - 2 Pizza, Sausage/Cheese CA California Blend Sweet Potato Waffles Strawberries & Bananas FRUIT COCKTAIL SUNFLOWER SEEDS MILK - Variety																																																																																																									
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Nov - 5 French WG Bread Cheesy/P Baked Fries ketchup, indiv 7 grams Carrots Honey Coins Blueberry Shortcake Orange Slices MILK - Variety	Nov - 6 NO SCHOOL	Nov - 7 Pizza, White CA WG Potato Rounds ketchup, indiv 7 grams Carrots Honey Coins Pears, Sliced Orange Slices MILK - Variety	Nov - 8 Pizza WG Pepperoni/Chees Potatoes, Diced Hashbrown Cucumber Slices Ranch Dip, FF Apples, Hot/Cinnamon Grapes, Fresh Sherbet, Luigi's , Orange MILK - Variety	Nov - 9 Pizza WG Pepperoni/Che Flat Broccoli, Parmesan Baked Beans HONEYDEW MELON KIWI Cookie Choc Chip WW MILK - Variety																																																																																																									
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Nov - 26 French WG Bread Cheesy/P Baked Fries ketchup, indiv 7 grams Carrots Honey Coins Pineapple Tidbits KIWI MILK - Variety	Nov - 27 Pizza, Sausage/Cheese CA Broccoli, Parmesan Refried Beans Mandarin Oranges Grapes, Fresh Pudding, Chocolate MILK - Variety	Nov - 28 Pizza WG Pepperoni/Chees Potatoes, Red Roasted Cucumber Slices Ranch Dip, FF Strawberries FRUIT COCKTAIL Jello MILK - Variety	Nov - 29 Pizza WG Pepperoni/Che Flat Caesar Salad w Ranch Dres BAKED POTATO Margarine, cup, indiv. Pears, Sliced CANTALOUPE MILK - Variety	Nov - 30 Pizza WG Pepperoni/Chees Salad Tossed Romaine w/R Corn Carrot Sticks Ranch Dip, FF Blueberries/Strawberries Mi HONEYDEW MELON MILK - Variety																																																																																																																																																																																																																		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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CABELL COUNTY SCHOOLS
HIGH SCHOOL PIZZA LINE NOVEMBER 2018

Monday			Tuesday			Wednesday			Thursday			Friday		
Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target	
Cals...	800	100%	Cals...	658	88%	Cals...	730	97%	Cals...	838	100%	Cals...	771	100%
Sodium.	1294 mg		Sodium.	1291 mg		Sodium.	1140 mg		Sodium.	1399 mg		Sodium.	1247 mg	
Prot	37.2g	18.6%Cal	Prot	44.2g	26.9%Cal	Prot	38.5g	21.1%Cal	Prot	40.9g	19.5%Cal	Prot	41.4g	21.5%Cal
Carb	119.9g	60.0%Cal	Carb	92.6g	56.3%Cal	Carb	107.5g	58.8%Cal	Carb	124.8g	59.6%Cal	Carb	119.0g	61.7%Cal
T.Fat	21.2*g	23.8%Cal	T.Fat	12.7*g	17.4%Cal	T.Fat	14.9*g	18.4%Cal	T.Fat	21.3*g	22.9%Cal	T.Fat	14.9*g	17.4%Cal
S.Fat	9.5*g	10.7%Cal	S.Fat	6.4*g	8.8%Cal	S.Fat	6.2*g	7.6%Cal	S.Fat	8.5*g	9.1%Cal	S.Fat	6.4*g	7.5%Cal

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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