

CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 Chicken Fajita Quesadilla French WG Bread Cheesy/P Nacho Scoops WG Salsa/H Refried Beans Cucumber Slices Ranch Dip, FF Orange, Fresh APPLE, MED. MILK - Variety	Nov - 2 Steak/CheeseWG Hoagie Pepperoni/Cheese WG Roll Chex Mix WG Tomatoes, Cherry Celery Sticks Wow Butter Pineapple Tidbits APPLE, MED. MILK - Variety
Nov - 5 Cheeseburger WG Bun French WG Bread Cheesy/P CRACKERS, CHEDDAR FISH Tomatoes, Cherry Carrot Sticks w Dip APPLE, MED. FRESH PEAR Mandarin Oranges, cup MILK - Variety	Nov - 6 NO SCHOOL	Nov - 7 Italian Sub Steak/CheeseWG Hoagie Potato Rounds ketchup, indiv 7 grams Carrot Sticks Ranch Dip, FF PEACHES CUP APPLE, MED. MILK - Variety	Nov - 8 Steak/CheeseWG Hoagie Hot Ham/Cheese on WG B PRETZELS, FISH SHAPED Cucumber Slices Carrot Sticks w Dip BANANA, SMALL Orange, Fresh MILK - Variety	Nov - 9 Chicken Patty WG Bun Hot Dog WG bun with chili Nacho Scoops WG Salsa/H Baked Beans BROCCOLI,raw Ranch Dip, FF Strawberries FRESH APPLE WEDGES MILK - Variety
Nov - 12 NO SCHOOL	Nov - 13 Ham & Cheese WG Croissa Pizza WG Peppero/Che Flat Nacho Scoops WG Salsa/H Baked Beans Carrot Sticks Ranch Dip, FF APPLE, MED. Mandarin Oranges, cup MILK - Variety	Nov - 14 Hot Dog WG bun with chili BBQ Pork WG Bun Cheese, Cheddar, Cubes Potato Rounds ketchup, indiv 7 grams Creamy Cole Slaw Strawberries Orange, Fresh MILK - Variety	Nov - 15 SANDWICH, ROASTED TUR CRANBERRY SAUCE, ounce Cheeseburger WG Bun Tomatoes, Cherry BROCCOLI,raw Ranch Dip, FF Pumpkin or Apple Pie/Top Orange, Fresh MILK - Variety	Nov - 16 Chicken/Bacon RanchWG H Steak/CheeseWG Hoagie Cucumber Slices Ranch Dip, FF Red & Orange Peppers FRESH APPLE WEDGES FRESH PEAR MILK - Variety
Nov - 19 NO SCHOOL	Nov - 20 NO SCHOOL	Nov - 21 NO SCHOOL	Nov - 22 NO SCHOOL	Nov - 23 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26 Cheeseburger/Pretzel Bun French WG Bread Cheesy/P Tomatoes, Cherry Carrot Sticks Ranch Dip, FF Pineapple Tidbits APPLE, MED. FRESH PEAR MILK - Variety	Nov - 27 Cheeseburger WG Bun Chicken Patty WG Bun Dorito Chips, Nacho Chees BROCCOLI, FRESH Refried Beans Mandarin Oranges, cup APPLE, MED. FRESH PEAR MILK - Variety	Nov - 28 Hot Ham/Cheese on WG B BBQ Buffalo Chicken/Chees Potato Rounds ketchup, indiv 7 grams CELERY/CARROTS Ranch Dip, FF Strawberries BANANA, SMALL MILK - Variety	Nov - 29 Philly Steak/Cheese WGSan Pizza WG Peppero/Che Flat Sun Chips WG Tomatoes, Cherry Ranch Dip, FF Red & Orange Peppers KIWI Orange, Fresh APPLE, MED. MILK - Variety	Nov - 30 MEATBALL SUB Corndog WG Munch WG Snack Mix Celery Sticks Wow Butter Cucumber Slices KIWI Orange, Fresh APPLE, MED. MILK - Variety

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