

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL MAIN LINE DECEMBER 2018

Nov 30, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Chicken Patty WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Baked Beans PEACHES CUP Veg Fruit Bar Monday Midd MILK - Variety	Dec - 4 BEEF VEGETABLE SOUP Toasted WG Cheese Sandwi BROCCOLI, raw Ranch Dip, FF FRESH APPLE WEDGES Veg Fruit Bar Tuesday Midd MILK - Variety	Dec - 5 Beef a Roni WG Caesar Salad w Ranch Dres Carrots Honey Coins APPLE CRISP Hot Roll WG Ice Cream Veg Fruit Bar Wed Middle MILK - Variety	Dec - 6 Pepperoni/Cheese WG Roll Broccoli, Parmesan Cucumber Slices Ranch Dip, FF Pineapple Slices Veg Fruit Bar Thursday Mid MILK - Variety	Dec - 7 Ham Diced & Cheese WG FI Nacho Scoops WG Salsa/H CORN COBBETT Celery Sticks w Wow Butter Pears, Sliced Veg Fruit Bar Friday Middle MILK - Variety
Dec - 10 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Monday Midd MILK - Variety	Dec - 11 Beefy Nachos WG SPANISH RICE Refried Beans Corn KIWI Veg Fruit Bar Tuesday Midd MILK - Variety	Dec - 12 CREAMED TURKEY Texas Toast Mashed Potatoes Carrots Honey Coins Blueberry Shortcake Veg Fruit Bar Wed Middle MILK - Variety	Dec - 13 BREAKFAST FOR LUNCH SCRAMBLED EGGS Sausage Pattie Biscuits and Gravy Potatoes, Diced Hashbrown Apples, Hot/Cinnamon Veg Fruit Bar Thursday Mid MILK - Variety	Dec - 14 Pig N Blanket (ww) Broccoli, Parmesan Corn Orange Slices Cookie Choc Chip WW Veg Fruit Bar Friday Middle MILK - Variety
Dec - 17 Barbecue Chicken Cheesy Potatoes Green Beans w Garlic Grapes, Fresh Hot Roll WG Veg Fruit Bar Monday Midd MILK - Variety	Dec - 18 Cheeseburger WG Bun Lettuce & Tomato Baked Beans CORN COBBETT Strawberries & Bananas Veg Fruit Bar Tuesday Midd MILK - Variety	Dec - 19 Hot Dog WG bun with chili Creamy Cole Slaw Baked Fries ketchup, indiv 7 grams FRUIT COCKTAIL Veg Fruit Bar Wed Middle MILK - Variety	Dec - 20 Turkey and Dressing Gravy, Turkey CRANBERRY SAUCE, ounce Mashed Potatoes Green Beans w Garlic Hot Roll WG TANGERINE Red Velvet Cookie MILK - Variety	Dec - 21 Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Carrots Honey Coins Pears, Sliced Breadstick WG Veg Fruit Bar Friday Middle MILK - Variety
Dec - 24 NO SCHOOL	Dec - 25 NO SCHOOL	Dec - 26 NO SCHOOL	Dec - 27 NO SCHOOL	Dec - 28 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL MAIN LINE DECEMBER 2018

Page 2

Nov 30, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 31 NO SCHOOL				

USDA IS AN EQUAL OPPORTUNITY PROVIDER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*