

# CABELL COUNTY SCHOOLS

## MIDDLE SCHOOL BREAKFAST DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Sausage Pancake WG Stick Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Dec - 4 Cereal to Go WG Waffles, Maple Mini WG Cheese Stick Breakfast Chicken & Slider Bun WG Craisins Fruit Juice, Assorted MILK - Variety	Dec - 5 Cereal to Go WG MVP WG Low Fat Donut Egg & Cheese Pretzel Bun Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Dec - 6 Cereal to Go WG Breakfast Tart Yogurt breakfast - 4 oz Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Dec - 7 Cereal to Go WG Muffin WG Chocolate Chip Cheese Stick Breakfast Breakfast Pizza WG Fruit Juice, Assorted Strawberries MILK - Variety
Dec - 10 Cereal to Go WG Snack Loaf, WG Banana Sausage on Biscuit Fruit Juice, Assorted PEACHES CUP MILK - Variety	Dec - 11 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg/Cheese WG Croissant Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Dec - 12 Cereal to Go WG Pancake WG Bites Toasted Cheese Sandwich Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Dec - 13 Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Chicken & Slider Bun WG Fruit Juice, Assorted Strawberries MILK - Variety	Dec - 14 Cereal to Go WG Muffin WG Chocolate Chip Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety
Dec - 17 Cereal to Go WG Snack Loaf, WG Blueberry Sausage Pancake WG Stick FRESH APPLE WEDGES Fruit Juice, Assorted MILK - Variety	Dec - 18 Cereal to Go WG Wowbutter Jammer Sandwi Egg/Cheese WG Bagel Fruit Juice, Assorted Strawberries MILK - Variety	Dec - 19 Cereal to Go WG Bread, Zucchini WG Cheese Stick Breakfast Chicken & Slider Bun WG Fruit Juice, Assorted Apricot Cup MILK - Variety	Dec - 20 Cereal to Go WG MVP WG Low Fat Donut Breakfast Pizza WG Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Dec - 21 Cereal to Go WG Breakfast Tart Cheese Stick Breakfast Oatmeal Cup WG Cinnamo FRESH APPLE WEDGES Fruit Juice, Assorted MILK - Variety
Dec - 24 NO SCHOOL	Dec - 25 NO SCHOOL	Dec - 26 NO SCHOOL	Dec - 27 NO SCHOOL	Dec - 28 NO SCHOOL
Dec - 31 NO SCHOOL				

USDA IS AN EQUAL OPPORTUNITY PROVIDER

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.