

# CABELL COUNTY SCHOOLS

MIDDLE SCHOOL 2nd LUNCH LINE DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Cheeseburger WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Baked Beans PEACHES CUP Veg Fruit Bar Monday MILK - Variety	Dec - 4 BEEF VEGETABLE SOUP Hot Dog WG bun with chili BROCCOLI,raw Ranch Dip, FF FRESH APPLE WEDGES Veg Fruit Bar Tuesday MILK - Variety	Dec - 5 Pizza, White CA WG Caesar Salad w Ranch Dres Carrots Honey Coins APPLE CRISP Ice Cream Veg Fruit Bar Wednesda MILK - Variety	Dec - 6 MEATBALL SUB Broccoli, Parmesan Cucumber Slices Ranch Dip, FF Pineapple Slices Veg Fruit Bar Thursday Mid MILK - Variety	Dec - 7 Chicken/Bacon RanchWG H Nacho Scoops WG Salsa/H CORN COBBETT Celery Sticks w Wow Butter Pears, Sliced Veg Fruit Bar Friday Middle MILK - Variety
Dec - 10 BBQ Pork on WG Bun Cheese, Cheddar, Cubes Potato Rounds ketchup, indiv 7 grams Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Monday Midd MILK - Variety	Dec - 11 French WG Bread Cheesy/P Chex Mix WG Refried Beans Corn KIWI Veg Fruit Bar Tuesday Midd MILK - Variety	Dec - 12 Philly Steak/Cheese WGSan Mashed Potatoes Carrots Honey Coins Blueberry Shortcake Veg Fruit Bar Wed Middle MILK - Variety	Dec - 13 BBQ Chicken WG Flatbread Potatoes, Diced Hashbrown Red & Yellow Peppers Ranch Dip, FF Apples, Hot/Cinnamon Veg Fruit Bar Thursday Mid MILK - Variety	Dec - 14 Pizza WG Pepperoni/Chees Broccoli, Parmesan Corn Orange Slices Cookie Choc Chip WW Veg Fruit Bar Friday Middle MILK - Variety
Dec - 17 Steak/CheeseWG Hoagie Cheesy Potatoes Green Beans w Garlic Grapes, Fresh Veg Fruit Bar Monday Midd MILK - Variety	Dec - 18 Chicken Patty WG Bun Lettuce & Tomato Baked Beans CORN COBBETT Strawberries & Bananas Veg Fruit Bar Tuesday Midd MILK - Variety	Dec - 19 Sriracha Chicken Wrap Asian Slaw Baked Fries ketchup, indiv 7 grams FRUIT COCKTAIL Veg Fruit Bar Wed Middle MILK - Variety	Dec - 20 Turkey and Dressing Gravy, Turkey CRANBERRY SAUCE, ounce Mashed Potatoes Green Beans w Garlic Hot Roll WG TANGERINE Red Velvet Cookie MILK - Variety	Dec - 21 Pizza WG Pepperoni/Chees Caesar Salad w Ranch Dres Carrots Honey Coins Pears, Sliced Veg Fruit Bar Friday Middle MILK - Variety
Dec - 24 NO SCHOOL	Dec - 25 NO SCHOOL	Dec - 26 NO SCHOOL	Dec - 27 NO SCHOOL	Dec - 28 NO SCHOOL

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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USDA IS AN EQUAL OPPORTUNITY PROVIDER

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