

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL 2nd LUNCH LINE DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																																												
Dec - 3 Cheeseburger WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Baked Beans PEACHES CUP Veg Fruit Bar Monday MILK - Variety	Dec - 4 BEEF VEGETABLE SOUP Hot Dog WG bun with chili BROCCOLI,raw Ranch Dip, FF FRESH APPLE WEDGES Veg Fruit Bar Tuesday MILK - Variety	Dec - 5 Pizza, White CA WG Caesar Salad w Ranch Dres Carrots Honey Coins APPLE CRISP Ice Cream Veg Fruit Bar Wednesda MILK - Variety	Dec - 6 MEATBALL SUB Broccoli, Parmesan Cucumber Slices Ranch Dip, FF Pineapple Slices Veg Fruit Bar Thursday Mid MILK - Variety	Dec - 7 Chicken/Bacon RanchWG H Nacho Scoops WG Salsa/H CORN COBBETT Celery Sticks w Wow Butter Pears, Sliced Veg Fruit Bar Friday Middle MILK - Variety																																																																																																																																												
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MIDDLE SCHOOL 2nd LUNCH LINE DECEMBER 2018

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Nutrients Target Cals... 846 121% Sodium. 1245 mg Prot 39.4g 18.6%Cal Carb 92.0g 43.5%Cal T.Fat 36.9*g 39.2%Cal S.Fat 15.4*g 16.4%Cal	Nutrients Target Cals... 1005 144% Sodium. 1579 mg Prot 47.5g 18.9%Cal Carb 165.7g 66.0%Cal T.Fat 22.1*g 19.8%Cal S.Fat 4.7*g 4.2%Cal	Nutrients Target Cals... 631 100% Sodium. 1254 mg Prot 40.6*g 25.7%Cal Carb 90.9g 57.6%Cal T.Fat 12.3*g 17.6%Cal S.Fat 2.6*g 3.6%Cal	Nutrients Target Cals... 987 141% Sodium. 2121 mg Prot 42.4*g 17.2%Cal Carb 136.6g 55.4%Cal T.Fat 31.7*g 28.9%Cal S.Fat 12.1*g 11.0%Cal	Nutrients Target Cals... 746 107% Sodium. 1205 mg Prot 40.4*g 21.7%Cal Carb 101.8g 54.6%Cal T.Fat 19.1*g 23.0%Cal S.Fat 9.1*g 11.0%Cal
Dec - 24 NO SCHOOL	Dec - 25 NO SCHOOL	Dec - 26 NO SCHOOL	Dec - 27 NO SCHOOL	Dec - 28 NO SCHOOL
Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal
Dec - 31 NO SCHOOL				
Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal				

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.