

# CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday																																																																						
Dec - 3  Chicken Patty WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Baked Beans Peaches Veg Fruit Bar Monday MILK - Variety	Dec - 4  BEEF VEGETABLE SOUP Toasted WG Cheese Sandwi BROCCOLI, raw Ranch Dip, FF FRESH APPLE WEDGES Veg Fruit Bar Tuesday MILK - Variety	Dec - 5  Beef a Roni WG Caesar Salad w Ranch Dres Carrots Honey Coins APPLE CRISP Hot Roll WG Ice Cream Veg Fruit Bar Wednesda MILK - Variety	Dec - 6  Pepperoni/Cheese WG Roll Broccoli, Parmesan Cucumber Slices Ranch Dip, FF Pineapple Slices Veg Fruit Bar Thursday MILK - Variety	Dec - 7  Ham Diced & Cheese WG FI Nacho Scoops WG Salsa/H CORN COBBETT Celery Sticks w Wow Butter Pears, Sliced Veg Fruit Bar Friday MILK - Variety																																																																						
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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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S.Fat 12.1*g	11.0%Cal																																																																									
Nutrients	Target																																																																									
Cals...	916* 141%																																																																									
Sodium.	1493* mg																																																																									
Prot 46.4*g	20.2%Cal																																																																									
Carb 133.0*g	58.1%Cal																																																																									
T.Fat 23.2*g	22.8%Cal																																																																									
S.Fat 8.5*g	8.4%Cal																																																																									
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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.